

starters

soups:

Henderson's famous chunky vegetable soup (vg) (gf) £3.65

freshly made according to our traditional recipe from a selection of Scottish vegetables

soup of the day – please ask for details £3.65

both served with your choice of bread (see below) £4.45
and with spread of any pate (see below)

home marinated olives (vg) (gf)

marinated in a selection of herbs, garlic, olive oil & fresh lemon £2.75

pates:

hummus – crushed chickpeas, tahini, garlic & lemon (vg) £4.00

spicy bean – crushed and whole kidney beans, chunky peppers, mushrooms, aubergine & chilli (vg)

baba ganoush – oven roasted aubergines, plenty of garlic (vg)

All pates served with your choice of bread(see below)

breads:

Henderson's fresh bread, Henderson's oatcakes, toasted flat bread, rice cakes (gf) (all vg) £1.40

bruschetta on garlic bread (vg)

garlic, olive oil and herb bread topped with:

chopped fresh tomatoes, red onion & basil £4.25

or just the **garlic bread** made with homemade garlic oil £2.75

spicy nachos (vg*)

with spicy tomato salsa, Scottish cheddar cheese, sour cream, & guacamole and jalapenos (*vegan nachos are served without cheese & sour cream, with added mixed roasted vegetables and spicy bean pate)

Starter £3.75
Main £6.95

mezze (vg*)

platter of spinach & lentil falafels, vegetable filo parcel, marinated mushrooms, crostini, marinated olives, grilled vegetables and a pate of your choice (vg* please ask for a second pate instead of filo parcel)

£7.95

salads:

mixed green salad with cherry tomatoes, red onions, cucumber, mixed peppers & leaves (gf) (vg) £2.95 £4.50

traditional Greek salad mixed leaves, cherry tomatoes, cucumber, red onions, marinated olives & feta (gf) (vg*) £3.95 £6.50

red chard and lambs lettuce salad with figs, peaches, dunsyre blue cheese, and sesame seeds (gf) £4.95 £6.75

warm butternut squash salad with rocket, mixed seeds, raisins, red onion, shredded apricot, grilled shredded tofu & parmesan (gf) (vg*) £4.95 £6.95

salads

Mains:

freshly baked quiche £6.30

individual short crust pastry quiches made fresh daily, served with fresh salad and a home made fruity apple chutney. please ask for todays filling

spinach & lentil falafels (n) £6.95

served in toasted pita bread with fresh salad & fresh yoghurt

filo pastry parcel £6.95

served with fresh yoghurt and fresh green salad, please ask for todays special filling

spicy bean burger (vg*) £8.00

served in a toasted bun with nachos, spicy tomato salsa, salad & homemade pesto mayo(n) (plus a cheese of your choice) add **mozzarella** or **cheddar** for **30p (vg*** please ask for guacamole instead of pesto mayo(n))

oven baked lasagne

today's layered pasta dish, served with a crisp mixed salad £8.00

enchillada (vg*)

freshly grilled vegetables, mozzarella & spicy salsa wrapped and toasted in a flour tortilla with jalapenos, sour cream & a mixed green salad £8.00

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oven baked rice, spinach, roasted peppers, mushrooms, garlic, onion and cheddar cheese served with spicy salsa and mixed green salad £8.00

vegetarian haggis and clapshot (vg)

lentils, pinhead oats and fresh herbs & spices combined to create a full flavoured vegetarian haggis served with traditional clapshot and a red wine gravy on the side £8.50

today's curry (vg*) (gf)

made with fresh herbs & spices, served with basmati rice, yoghurt & our homemade chutney, please ask for today's selection £8.50

moroccan stew (vg) (gf*)

made with generous chunks of aubergine, butternut squash, smoked tofu, apricot & spices, all served with your choice of cous-cous or basmati rice £8.50

stuffed aubergine (vg*)

stuffed with grated carrot, courgette, brazil nuts, hazelnuts and oats served with rocket salad and plum sauce £8.75

main meals

PLEASE ASK ABOUT OUR SPECIALS

main meals